



## HANDY UK PACKING CHECKLIST

### CARRY-ON / Backpack:

Passport (w main page photo on phone)  
Credit card (contacted bank)  
Telephone (w Int'l Plan)  
Glasses/contact lens case  
Prescription Medications  
Headphones  
Sleep aids  
Entertainment  
Toothbrush and toothpaste  
Book/Kindle  
Entertainment  
Painkiller  
Water bottle  
Journal and Pen(s)  
**Other**

TO

FROM

✓

✓

### SUITCASE

#

TO

FROM

✓

✓

#### **Tops**

Long sleeve shirts (3-4)  
Short sleeve shirts (1-2)  
t-shirts (1-2)

#### **Bottoms**

Pants (3+)  
Shorts (1-2)  
Skirts (2-3)

**Socks** (6-7 pair)

**Underwear** (7-8 pair)

**Toiletries**

Toothbrush/toothpaste		
Dental Floss		
Deodorant/antiperspirant		
Contact lens (w case + solution)		
Sunscreen		
Medications (non-prescription)		
Makeup		
Hair products (see packing suggestions)		
Lotions		
Sink Suds		
<b>Other:</b>		
<b>Accessories</b> (jewelry, scarves, etc.)		
<b>Comfortable Shoes (1-2)*</b>		
(a pair of which suitable for business casual)		
<b>Raincoat</b>		
<b>Fleece/Sweater</b>		
<b>Hat</b>		
<b>Sleepwear</b>		
<b>Sunglasses</b>		
<b>OTHER</b>		
<b><u>NOTES:</u></b>		

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\* In addition to what you wear onto the plane.